



Teachers vote to strike despite students' pleas

By **ALEX CORNE**

College students have had some serious time to spend this week-end thanks to a 14-hour strike vote, with three days off. The vote was held on days 13 with 52 per cent voting in favour of giving their voices to the Ontario Public Service Employees Union a strike resolution 18 for 34 colleges to participate in the vote. An initial agreement a strike motion, including Conestoga College teachers 04 for 20 votes, and 11 Conestoga 213 voted "no."

UPSEU is seeking resolution on the removal of workload, workload, workload and pay.

Local Lee Henderson, president of the local 213 chapter of UPSEU, disappointed, expressed his of time to students on the event of a strike, saying that the union would not see much before an initial teacher meeting.

"We shouldn't be sorry to go to work," Henderson said, "We're doing this because we want more time to actually teach our students."

The main sticking point for union members is the lack of time they are able to spend with each of their students under the resolution imposed on UPSEU by the College Corporation and Association.

Teachers would be given just under a minute to devote to each student outside of class.

"We need to make sure students are getting the time they need with professors," Henderson said. "But when Conestoga students are successful in their job."

On Jan. 12, the day before the vote Henderson was presented with a petition by Jason Paul, a first year public relations student at Doon campus, and a few other students who shared his concern about the possibility of a strike. Paul and some friends then took the petition to President John Tabor, who is a sympathizer with their request of stopping a student workload.

"We do not support a teacher without so we would walk out on them," Paul said.

Students attending 18 of Ontario colleges participated in the petition. There is also a Facebook page that has launched in the city, which now has 70,000 members.

"We realized how that formed students were when they were going on. Paul said, "I see this as an opportunity to help."

Greg Gorman, who is first-year PE student, was disappointed to hear that agreement to the union. "There is a huge issue with money," he said.



On Jan. 12, Jason Lee Henderson, UPSEU local 213 president, accepted Jason Paul's student petition which called for students who then appeared for a teacher's strike.

"One of our main goals is to reduce the amount of student workload."

Conestoga Students Association president Theresa Hunter is worried, but was optimistic.

"At this point I hope the petition can return to the table and come up with an option," Hunter said.

In the event of a strike, CCA members in accordance with

the College Students Association will organize a rally at Queen's Park.

Mark Brown, a second-year economics and finance student from his first of a strike, looking a reality.

"This isn't the first time before in 2004/05 teaching assistants and part-time faculty went on strike for 12 weeks," Brown said. "I know"

by that it's not a guarantee, an agreement will be reached, since the parties went back to the table on day 18.

"I feel a bit better now that I know the vote is over."

Tabor agreed the importance of both sides reaching an agreement in the interest of students. "They are the ones who will pay the biggest price"

Squash is free and fun at the rec centre

By **LEAH WRIGHT**

Anyone who has ever belonged to a gym knows it is squash, usually, only one. The added expense is one that most undergraduate students cannot justify. However, Conestoga College students can learn and play squash at no extra cost thanks to five court times, free equipment and free instruction.

The college has two squash courts, which can be booked for 30-minute time slots. They are located on the recreation level, back stairs.

"We let people book up in a week or so," said Katie McCarty, an athletic instructor. "You can come on any day if there is a court time or you can wait in line as it is in a week or so." However, McCarty said squash has picked up significantly, with

the past year or there has been times when people just drop in and it might be three or four hours before a court becomes available.

"We do have equipment, balls and rackets to lend out, with no additional fees as long as they are students and bring their student card on," said McCarty. "The rackets are purchased on a loaner and longer-term." A lot of our requests get lenders with us, but they don't (they don't have them in place, but the wall ball, the floor, strings break and they get a little bit worn). So we don't want to spend money on the more expensive ones."

If you have experience but no partner, the recreation centre has a lot of students and three clubs and contact information that you can reach by asking at the front desk.

There is also a computer league that meets during the lunch hour if you are experienced and interested. The recreational centre will give you information into the league's operation.

If you are just learning and looking for someone to play against, there are students such as John Gormann, a third-year business management student and an employee of the recreation centre who will teach you how to play. He can be contacted at jgormann@conestoga.ca.

"I take them into the squash court at the school and basically go over the basics," said Gormann. He naturally teaches people how to hit the ball and answer their hand-eye coordination. "I find that is probably the most impor-

tant part of squash. If you don't have that it doesn't matter how athletic you are, it's kind of off for me."

Gormann said when he was learning, it would be playing squash seven days a week even if I didn't have a partner. I would grab a ball and go to the squash courts and run little drills."

Squash is a lot like tennis, he said. "I used to play a lot of tennis. I didn't play in a good year when I found out about squash. I thought it was kind of like tennis, so I tried it out and I loved it. It is very similar to tennis, but you don't have to have the same kind of accuracy and it is a lot faster-paced."

If you are looking into purchasing a racket, Gormann said \$40 to \$50 will get you a good one.



Photo by Leah Wright
Katie McCarty and Tom Webster took up squash this year.

Now deep thoughts ... with Conestoga College

Random questions answered by random students

If you could compete in any event at the Olympics, what would it be?



"Hockey, because I played it professionally before coming to school."

Neal Schaeffer,
second year
management studies

"Bobsled, because it's like going 120 km/h down an ice track on a couch."

Jen. Maclellan,
graduate
electronics engineering



"I would play shot put, because it looks fun and easy."

Nathan Oliveira,
first year
journalism — JRC



"Workout, because I love it and the women's team always wins a gold medal."

Ashiana Boyle,
second year
early childhood



"I would play hockey because it's the most Canadian sport."

Borre Ribey,
second year
early childhood



"Bobsled, because I love the movie Cool Runnings."

Wahb Youssouf,
second year
early childhood



Join Conestoga, you could be our next respondent

Coffee cups contribute to global warming

By JESSICA CHANDLER

One cup, one partner, 30 minutes and it's over.

Coffee is the number 1 beverage in Canada, but that quick fix comes at a price — to the environment.

Canadians use more than 1.6 billion paper and polystyrene cups each year and they are overwhelming our landfills.

Having your scheduled coffee, three times a day like the average coffee-drinking Canadian, is now contributing to global warming.

Disposable cups, both polystyrene and paper, are not viable for you but have a negative impact on the environment.

"The more the amount of cups that Conestoga produces in our waste stream, if people want to reduce the numbers we waste, the easier we throw away and the impact we have on our environment would have an effect," they would try harder to reduce them," said Michelle Silvestro, environmental coordinator for Conestoga Institute which is contracted to provide housekeeping and recycling services at the college.

"I found a way that we can compost the cups through our laundry and they put the cups inside a basket and keep them out of the landfill as the long run."

If you are more disposable cups, help Conestoga be more environmentally friendly by making sure the coffee dispenser in the paper recycling bin has the paper recycling bin lid open as the plastic recycling bin and the cup goes in the compostable bin.

Although polystyrene is not biodegradable, it is not the most responsible for the environment. After getting the recycle it, it's a relatively harmless that harm the environment.

Polystyrene cups take many years to break down. And, paper cups are not much better because to

make them a plastic and a lot of polystyrene is used, which is not recyclable.

During decomposition they give off carcinogenic chemicals and odors.

Each paper cup and paper sleeve combined with production and shipping creates about 11 kilograms of CO₂, thus driving our energy and natural resources.

Unfortunately, cups made of recycled paper do not meet health regulations for a beverage container and are too flimsy to support hot liquids.

However, reusable cups are environmentally friendly. These cups made of stainless steel, plastic or stainless steel can be used over and over again, but eventually reach a more environmentally friendly breaking point.

Students can help by drinking their daily coffee in a reusable cup.

Most coffee shops offer a discount if you fill a reusable cup. The coffee Conestoga is an example that

Horvath and Charwell.

"Charwell charges the price for a small coffee with any size cup, and Tim Horvath gives you a 10-cent discount," said Horvath.

"It is money you save in the long run and you benefit the environment."

The small cost of a reusable cup after a while it pays itself off with the savings you get.

The main purpose of these sustainable cups is to make a dent in the large amount of waste produced by disposable cups.

Another positive about using these cups is they keep your beverage hotter longer.

Coffee is part of a student's daily routine, so make a work for the environment too.

Carry a reusable cup, that will help eliminate the more waste and environmental damage on and from disposable cups.

Keep a cup with you at all times so it is always available for your next fix.

HAVE THE SUMMER OF YOUR LIFE!

CAMP WAYNE FOR GIRLS is a children's sleep-away camp in northeast Pennsylvania (8/12-8/18/12). If you love children and want a caring, fun environment we need Counselors and Program Directors for Tennis, Swimming, Golf, Gymnastics, Cheerleading, Game Ropes, Crafts, Camping/Nature, Team Sports, Waterpark, Sailing, Pottery/Drawing, Ceramics, Silverware, Pottery/Drawing, Ceramics, Calligraphy, Photography, Sculpture, Crafts, Aerobics, Self-Defense, Video, Piano, Other soft Administrative, CCL Driver (21+), Nurses (RNs and Nursing Students), Bookkeeper, Handy On campus.

afternoon January 27th. Select the camp that selects the best staff! Call 1-215-944-3066 or apply online at www.campwaynagirls.com.

LAST-DITCH EFFORT



'Strike would be crippling,' Hudak

Ontario PC leader says students should not have to pay the price

By MICHELLE BAKER

Conestoga has revealed itself as a threat to politicians with its strike through the halls of the law. It's not the Ontario PC leader Tim Hudak and PC education critic, Mitchell Weir who wanted the college to talk about issues affecting community colleges.

Among their issues is the downing of services to students, including an online presence website.

"With the college applying for a declaration of Public Interest, a quorum being called, Hudak we're now facing very unfortunate circumstances about the range of applications at Ontario colleges in both full and part-time and new students are competing for the same number of spaces."

Hudak said the uptake of applications at some colleges has gone as high as 90 per cent.

"As a result, student applications, those leaving high school are fighting increased competition for spots in our colleges. Many high school students and their parents are more than wondering where they will be going to college in their choice of college of their choice."

Hudak also understands that full-time workers deserve the opportunity to return and to enter the workforce. Ontario is currently near the top in the unemployment rate across Canada, coming in at 8.3 per cent according to Statistics Canada. That makes it one of the five worst in the province. The Morrison government have been hit the hardest with Newfoundland and Labrador posting an unemployment rate of 17.7 per cent, while Saskatchewan and Alberta have leded everyone with 14 and 6.7 per cent respectively. All of these numbers were taken from November 2007.

Hudak also understands the students side.

"With Ontario's youth unemployment rate of 18.1 per cent, it is clear that high school graduates also deserve the opportunity to better their career prospects and get a good quality education."

Weir has some advice for the McGowan government.

"I think it's critical that the McGowan government sit down with the colleges and with the universities, there must have been some needs identified needs beginning this fall and they need to provide growth funding to the colleges which I understand they're not going to do."

He also understands the great importance of having a postsecondary education.

"We've got to make sure our Grade 12 students and also those who are completing a term course in the current online education that they're not being denied as well. It is harder when they have jobs as we go through the current circumstances which is going to happen that they have postsecondary education."

The last thing we want to see is a strike that's going to hurt students, particularly those who are trying to get trained to enter the workforce.

— Ontario PC Leader
Tim Hudak

Hudak claims that the strike vote could have been prevented.

Unfortunately the main thing was outside political influence and was preventable. The only reason that colleges are facing this working sector is because Premier McGowan decided to go ahead."

Students should not have to pay the price for a government that has run out of good ideas.

With the economy being in such a bad state, increasingly teachers' strikes could be deadly in Ontario colleges.

I am pleased to say that the Conestoga faculty voted against a strike mandate" said Hudak. "I thank them for their understanding of the needs of students, particularly in the job sector Ontario faces today."

On Jan. 14 college faculty across the province voted 80 per cent in favour of voting OPEU the union that represents them a strike mandate. However, faculty at an all-leagues voted so to not have their teaching Conestoga.

"A college strike would cripple the job prospects of some of the best minds of Ontario work on and during a period of economic uncertainty and Hudak.

He doesn't mind the language to go directly rather.

We need to see a fair deal that Conestoga can afford. The last thing we want to see is a strike that's going to hurt us.



Ontario PC Leader Tim Hudak and PC education critic and MPP for Waterloo Wellington Huron Mitchell Weir visited Conestoga College on Jan. 14 to discuss, among other topics, the possible teacher's strike.

drive, particularly those who are trying to get trained to enter the workforce."

Hudak hopes the McGowan government will take advantage of some of the ideas put forth by the PC party.

"If we don't, they can help provide the funds for a new program that they expect will be October 2010, but I don't

want to see those things work too long."

The PC party wants to end teacher pay specialisation system in Ontario.

We have a lot of talented women and men that want to enter the teacher field and work in other provinces, like Saskatchewan, Alberta and B.C. to provide for the future."

Hudak said that's what

"We want those individuals to work in Ontario. So maintaining our specialisation system to a 3.5 million and working with places like Conestoga College we can train people to enter the teacher and develop curriculum in our province and not work."

COUNSELLOR'S CORNER: Goal-Setting

Submitted by a student

I used to make New Year's resolutions that generally didn't last past January 10th. It's that lack of having a chance to solve problems, achieve new heights and challenges that encourages us to set goals. As the New Year begins, we are often faced with our good intentions for positive change, despite past resolution failures.

My experience of a workshop about change helped me to recognize why my New Year's resolutions never worked. I didn't need more motivation, I needed smaller goals or at least my long-term goals needed to be organized into easily manageable steps. Many of us tend to set goals that may be out of reach ("This semester, I'll get an A's"). As a result we feel let down, frustrated, even powerless when the first disappointing grade appears.

Instead, a long-term goal, such as "I want my grades to improve this semester" is more achievable. A step-by-step approach might include: attending all classes, with only sickness as an exception; studying ahead by doing textbook reading prior to class; and seeking help when necessary from faculty or a peer tutor. The latter are smaller, achievable goals that will almost assuredly lead to higher marks.

Set goals for you that are realistic, achievable and measurable. Failure decreases confidence and motivation. Success builds confidence and motivation. For goal setting or any other assistance, visit a counsellor in Counselling Services. I did!

A Message from Counselling Services 1A100

It's time to get a deal done

By **BRAND MACHOWSKI**

The fact that faculty members gave the union a strike mandate is a disheartening sign to the fact in Ontario's college students.

On Jan. 13, members of the Ontario Public Service Employees Union at 34 community colleges voted. Only 50 per cent were in favour of a strike mandate, but that is enough to give OPEIU the right to take its members out on strike. Ontario College teachers actually voted 54 per cent against a strike mandate, but that is a case where majority rules.

A strike could happen by mid-February if an agreement is not attained. Key issues are workload, salaries, freedom, and pay.

Only 74 per cent of those eligible showed up to vote. There were six colleges that had the majority of members vote against a strike mandate. These were: Conestoga, Niagara, Fanshawe, Georgian, Humber and St. Lawrence. The others that along with all the students, many professors do not want a strike either.

As students, we are very concerned about the results, as a strike could cause the school year to run longer which will make it difficult for people who need to work during the summer for money.

If it was a long one, we would worry that our whole semester would be in jeopardy, and we might have to come to school in the summer. Students wouldn't graduate on time and job hunting would be delayed.

It seems that both the professors and students are hoping an agreement is reached.

The 2005 Colleges Collective Bargaining Act is a piece of legislation that gives colleges the right to not make terms of an agreement if one is reached and this gives the right about the authority to strike.

The law states most colleges are supporting and work hard at reaching an agreement.

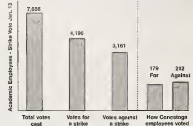
Students do not want a strike. A lot of teachers do not want a strike, but administrators have used this to put them out of college.

The last strike, which began in mid-November 1995, was over again, which was in a good way. We support them to get a deal done so students can not only pass their next few months but their future.

The union knows, represents the position of the majority, and accordingly the majority.

Letters are welcome

Spoke welcomes letters to the editor. Letters should be signed and include the name and telephone number of the writer. Letters will be considered for publication. Unsigned letters will be published. Letters should be no longer than 500 words. Spoke reserves the right to edit any letter for publication. Letters correspondence to: **The Spoke Spoke, 200 Scott Valley Dr., Room 1030, Richmond, Ont., N9G 4R4**



Interac fee unfair to students

Campus eateries charge 25 cents on top of already expensive products

This column is not about the increasingly complex patterns of food and beverages at Charlotte's food services. This column is about the increasing charges for the charge to pay with Interac at their canteens on campus.

Charlotte's campus students tend to pay using Interac. That is why on the menu cycle term, an average item is a second, nearly six-fold less for people paying with cash. Because of the ATM's on campus, many students charge a lot of over a dollar in addition to the fees charged by the bank's bank. The bank also has a three-point ATN. A only makes sense to pay for food using Interac. I am a fairly frequent customer at Charlotte, and like most Conestoga students, I rarely use cash. So I am forced to pay the fee for a debit transaction at least four times a week. Now that does not sound like much at first, but their rates are more



Nick Davis
Opinion

a dollar. This adds up to \$40 a semester.

Students who are paying for school and food often find themselves in a tight budget. An \$10 should not be spread. To be fair, many smaller, independent outlets are also charging a cent \$1 for the transactions under a certain amount, usually \$5, but these small charges are very low. One such outlet is Fanshawe's Conestoga in Windsor. They charge \$2.75 for a bottle of Waterloo 111 Charlotte's charges \$4. The last is, when students are paying nearly \$40 for a hamburger, salad and an energy drink, they should not have to pay another

quarter for the use of an Interac machine, which is used by the majority of students.

At Charlotte, I ask that if you decide to continue paying for food, students at restaurants with water, possibly more, should find a way to lower their charges at least to the extent of not charging as a quarter for the right to pay with Interac.

They (Fanshawe's Conestoga in Waterloo) charge \$2.75 for a bottle of Waterloo 62. Charlotte's charges \$4.

It is like you are charging us with your food into high prices and then possibly not conveniently returning it.

SPOKE

IS PUBLISHED AND PRODUCED WEEKLY BY THE JOURNALISM STUDENTS OF CONESTOGA COLLEGE

Editorial Staff:
Advertising Manager: **Andrea Ford** and
Tech Editor:
Spoke Editor: **Chris Wilson** and
Copy Editor:

Production Manager: **Donna Brown** (Copy Editor, News Research and Editorial Office)
Classification Manager: **Patricia Carter**
Photo Editor: **Emily Peterson** (News Editor)
Text Editor: **Donna Brown** (News Editor) and

Staff: **Paula**
Faculty Supervisor and Advisor:
Christine Brown

Business Office: **6000 Hwy 100**
Phone: (519) 526-1111 ext. 3111 (2005-2006)
2005-2006: **519-526-1111**
Spoke's production manager is at:
Twitter: @spokejournalism

Changing your Community, One Mountain at a Time.



**CONESTOGA
STUDENTS INC.**

Presents

Greg Mortenson

humanitarian and coauthor of the wildly successful book *Three Cups of Tea: One Man's Mission to Promote Peace - One School at a Time*, will be speaking at

The Aud
RETAILER HUMANITIES
AUDITORIUM TORONTO

January 28, 2010 at 7:00pm

Book Signing to follow



570 News
All About Toronto

96.7chym fm
Toronto's Best

KITV-106.7 FM
Toronto's Best

BUY TICKETS ON LINE AT WWW.CENTRE SQUARE.COM, BY PHONE AT 1-800-265-8877 OR 519-578-1570
IN PERSON AT THE AUD BOX OFFICE OR CENTRE IN THE SQUARE BOX OFFICE

WANTED: ELECTRONIC TECHNICIANS

"My aim is to make sure that our weapon systems play on track. As an electronic technician, I maintain, test, and repair equipment for all operations. Here, accuracy is always in demand."

Master Corporal **JOCelyn GERRAIS**

RECHERCHONS : TECHNICIENS EN ÉLECTRONIQUE

« Veiller au fonctionnement optimal de nos systèmes d'armement, voilà ma responsabilité. Comme technicien en électronique, je procède au test, à l'entretien et à la réparation de l'équipement. Dans mon métier, la précision est une nécessité absolue. »

Caporal-chef **JOCelyn GERRAIS**

FORCES.CA
FIGHT WITH THE CANADIAN FORCES



1-800-854-8488
COMBATEZ AVEC LES FORCES CANADIENNES

Canada

**HOROSCOPE**

Week of Jan. 25 - 2010

**Aries**
March 21 -
April 19

This weekend a Choctaw celebration will have the opportunity where you are captured. This may or may not affect your employment.

**Libra**
September 23
October 22

You will spend this week catching up on the schedule of the new Kite in the Hall museum's Space is Just Beyond of its dark basement.

**Taurus**
April 20 - May 19

On Thursday a large last model will escape from a fire and attempt to cut your tongue. Please remember that you can likely will it to someone's pet.

**Scorpio**
October 23 -
November 21

At some point this week you will be attacked by Bill Murray dressed as a zombie. Don't fall for him as supply in someone trying to make you laugh.

**Gemini**
May 21 - June 20

On Tuesday a man in a red hat will ask you to help him find his missing shirt as during medical exam hall from. Call animal control.

**Sagittarius**
November 22
December 21

A car accident will offer you a deal on a 2010 Saturn. There are no 2010 Saturns so he is trying to rip you off.

**Cancer**
June 22 - July 22

An alien in his robot will crash into your home because of the weather. He will say he does not need more time because he has all-wheel drive. Punch him.

**Capricorn**
December 22
January 19

At some point on the weekend someone will try and steal your coat and when a look they checked out of the library. They deserve a punch in the nose.

**Leo**
July 23 - August 22

This weekend you will be surrounded to see a very fast race running snake down your street as he is chased by a male woman on a motor.

**Aquarius**
January 20 -
February 18

During the week you will get a chair by accident as a super, tearing it off. This will be painful but given to be an expensive alternative to a trapped moment.

**Virgo**
August 23
September 22

On Thursday an alien person who has decided to crash lands through the hole will crash into you.

**Pisces**
February 19
March 20

A man dressed as Luke Skywalker will hit you with a plasma light saber and tell you that you are not his father. Call 911.

THANK YOU
Orientation Leaders for
making all of our new students
feel welcome!

Student Life

Don't Forget to Look In The Country!

JOB 2010 Fair

- Hundreds of jobs - one place, one time
- Hiring for full-time, summer, co-op, contract and part-time jobs
- Free transportation to and from the Fair
- Free admission for degree/diploma students and alumni of the sponsoring institutions with student/alumni ID

Wednesday, February 3, 2010
10:00 am - 3:30 pm at RIM Park, Waterloo

www.partners4employment.ca

UNIVERSITY
OF GUELPH

UNIVERSITY OF
WATERLOO

WILFRID LAUREN
UNIVERSITY

C
COLLEGE OF
ONESTOCK



Mark Decko is a second year journalism student who makes these up for your amusement



PHOTOS BY DAVID CORNWELL

Hang Yu intercepts to save the ball and the Condors during an exhibition match against St. Clair on Jan. 27.

The Condors didn't experience their first loss for the match against St. Clair College. St. Clair currently sits in sixth spot in the west division with a 7-9 record while the Hudson Hawks are tied with Niagara for the lead, both with a 10-1 record. Condors are fourth up the east division with an 11-2 record while Oshkosh follows right behind at 11-3. This is the first time in years a Condor has a loss. They are currently only playing exhibition matches, but will join league play in the 2009-2010 season.



Lady Condors can't pull off win over rival Saints

By DAVID CORNWELL

Condors coach: CH. H. J.

Condors coach: CH. H. J. The Lady Condors volleyball team are in the middle of their comeback year and are only playing an exhibition competition until next season when they will be allowed to join the college league.

The games between the Condors and the Saints were the first official exhibition games hosted by Cassiopa since 1983 and coach Doug Weidman.

"We had difficulty passing the ball and couldn't make our offense," Weidman said. "We need to make smarter decisions when we break down."

The Lady Condors kept it close. They came out strong in the first set before a sudden reset and a momentum change led to their collapse.

In the second set, they went into the Condors, at times, refused to let the ball hit the floor. They would sometimes chase the ball and throw it to the net or the back of the net.

But in the end, the Saints' experience and firing offense delivered them the victory, winning the sets 15-17, 25-23 and 18-22.

"We had trouble putting pressure on the other team," Weidman said. "We are experiencing the loss, but we played this team they had a good set of the floor with us."

He was happy with the way his team served the ball. A few times the service work of Samantha Stevens brought them back into a competitive game.

Other notable Condors were Frances Moore and April Coss, whose powerful drives kept the Saints' blockers and kept up the crowd as more than one person.

Hang Yu and Marie Lee. Moments spent most of the match digging for balls on defense, making some spectacular late-breaking saves.

St. Clair's Trisha Walter was a dominant force all game for the Saints. Whether she was blocking, making a dig, or hitting, the Condors could not find an answer for her.

"It was good to play in front of family and friends," Burton said. She hopes the exposure will encourage more athletes to come out and join next year.

"We are better than what we showed today."

Learning Skills Services

Your Study Tip #1 Prioritize

Figure out your study time according to your goals and specific course outlines

Make a private one-to-one appointment with a Learning Skills Advisor in library

Organizing
Note-taking
Concentrating
Studying
Group Work

Managing time
Reading techniques
Using learning styles
Giving Presentations

Listening
Memorizing
Proofreading
Taking tests (multiple choice)

Make an appointment by visiting the Learning Commons in person or by calling 855.745.6220 ext. 2025.



CONESTOGA
STUDENTS INC.



POLAR PLUNGE

WEDNESDAY
FEBRUARY
3RD

BACK POND
12:00 PM

TAKE THE PLUNGE IN CONESTOGA'S BACK POND
IN SUPPORT OF THE CANADIAN CANCER SOCIETY
PRIZES FOR MOST MONEY RAISED, BEST COSTUME AND MOST CREATIVE JUMP!
TO TAKE THE PLUNGE VISIT THE CSI OFFICE, IN ROOM 2A106.